

TLC Services

The Family Hearing Center

Comprehensive audiological services and hearing aids for all ages

The Outpatient Service

- Speech-Language Evaluation, Therapy, and Groups
- Occupational Therapy, Evaluation, and Groups

The Testing and Tutoring Service

Psycho-Educational Testing, Tutoring, and Counseling

The Outcomes Service

Vocational and support services for adults with disabilities

Early Learning Centers

Childcare program for the typically developing infant, toddler, and preschooler

TLC Summer Programs

Summer program for children ages 3–grade 12 who have special needs in the areas of speech, language, perceptual motor, and/or academic development

The Katherine Thomas School

Private day school serving the needs of children, pre-school to twelfth grade, with learning disabilities.

Hearing and Speech-Language Screenings at Schools or Businesses

Other Community Programs

- Educational Lectures and In-services—Provided on-site or at doctors' offices, child care centers, schools, and senior centers
- Continuing Education Workshops and Courses
- Luncheons and Tours for Professionals

About TLC

TLC is a private, non-profit, tax-exempt agency governed by a voluntary Board of Trustees composed of dedicated citizens and community business leaders. Consumer and Medical Advisory Boards provide additional support. TLC is not affiliated with any national organization and depends in part upon the generosity of the community to provide services to individuals with disabilities.

Directions

From Washington, D.C. and points south

Take I-270 north to the Shady Grove Road Exit 8 (west). Turn left at the light onto Shady Grove Road, crossing over 270. Turn left at Research Boulevard Proceed to 2301 Research Boulevard on the left, approximately four-tenths of a mile. Proceed to 2301 Research Boulevard on the left, approximately four-tenths of a mile.

From M.D. and points north

Take I-270 south (or 355) to Shady Grove Road. Going towards Shady Grove Adventist Hospital on Shady Grove Road. Turn left on Research Boulevard. Proceed to 2301 Research Boulevard on the left, approximately four-tenths of a mile.

From Rockville

Take Rt. 28 W. Montgomery Avenue Exit 6B (west) towards Darnestown. Turn right at the third stop light on W. Montgomery Avenue onto Research Boulevard. Proceed to 2301 Research Boulevard on the right, approximately five-tenths of a mile.

Accreditations and Licenses

TLC is accredited by the Professional Services Board of the American Speech-Language Hearing Association (ASHA); The National Association for the Education of Young Children (NAEYC); and the Commission on Accreditation of Rehabilitation Facilities (CARF) in the areas of: comprehensive vocational evaluation services, employment development services, and community employment services. TLC is licensed by the Maryland State Department of Health and Mental Hygiene and the Maryland State Department of Education.



A Guide to Your Child's Early Development

2½ to 6 Years



TLC—The Treatment and Learning Centers

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YOUR CHILD'S EARLY DEVELOPMENT—2 ½ TO 6 YEARS

Please remember that no two children are alike in their growth and development. This chart is a guide as to when certain abilities typically develop.

AGE	UNDERSTANDING	TALKING	GROSS MOTOR SKILLS	FINE MOTOR SKILLS	PERSONAL/SOCIAL SKILLS
by 2 ½ years	<ul style="list-style-type: none"> Comprehends 400 words at 30 months Distinguishes between <i>in</i> and <i>under</i> and <i>one</i> and <i>many</i> Understands <i>come-go, run-stop, give-take</i> Understands size differences Follows two related commands Listens to 5–10 minute story 	<ul style="list-style-type: none"> Has 200–300 word vocabulary: primarily nouns and verbs Asks simple question (e.g., Where ball?) Says full name Improvises own syntax (e.g., Look me know.) Repeats 2 digits from memory Uses <i>and</i> (e.g., Mommy and Daddy) 	<ul style="list-style-type: none"> Walks up and down stairs alone Walks backwards Jumps off floor with both feet Jumps down from object 16–20 inches high with one foot leading Balances on one foot for 1 second Walks on tiptoes 5 steps Kicks a ball 3 feet forward 	<ul style="list-style-type: none"> Takes things apart and puts them back together Builds tower of 8 blocks Folds paper in imitation Begins to use fork Snips paper Draws horizontal lines 	<ul style="list-style-type: none"> Copies domestic activities in play Puts on and takes off shoes, hats, mittens, etc. Repeats actions that are laughed at Imitates simple actions Develops special attachment to various toys Shifts attention easily
by 3 years	<ul style="list-style-type: none"> Comprehends 800 words at 36 months Responds to directions using <i>on, under, up, and down</i> Understands taking turns Understands simple 2-step directions Understands most common adjectives 	<ul style="list-style-type: none"> Has 900 word vocabulary Begins to use verb contractions Imitates 2-word combinations Uses short simple sentences (3 word average) Speaks with 75% intelligibility Relates simple imaginative stories Carries on purposeful conversation Describes action in a book Uses personal pronouns 	<ul style="list-style-type: none"> Stands on one foot for 3 seconds Jumps over object 2 inches high without tripping Jumps down from object 18–24 inches high with feet together Jumps forward 24 inches – one foot may lead Hops 3 times in place on one foot Catches ball from 5 feet – arms straight Runs 30 feet in 6 seconds or less 	<ul style="list-style-type: none"> Demonstrates good hand and finger coordination Strings beads Makes vertical strokes with crayon Copies circle Draws head of person and usually one other body part Puts on shoes 	<ul style="list-style-type: none"> Likes stories about self Recognizes self in mirror Avoids simple hazards Looks for missing toys Feeds self for most of meal Helps put things away Watches other children at play with interest and occasionally joins in for a few minutes Demonstrates some notion of sharing
by 4 years	<ul style="list-style-type: none"> Understands up to 1,500 words Learns from listening Recognizes plurals, gender difference pronouns, adjectives Comprehends complex and compound sentences 	<ul style="list-style-type: none"> Has 900–1,500 word vocabulary Speaks with 90–100% intelligibility Uses compound and complex sentences which are more grammatically complete Uses verb contractions consistently Uses <i>what, where, how, and why</i> Uses <i>we</i> appropriately Completes opposite analogies (e.g., brother is a boy, sister is a ___) 	<ul style="list-style-type: none"> Balances on each foot for 6 seconds Stands on tiptoe for 2 seconds without moving feet Throws ball underhand 5 feet – elbows bent Runs 45 feet in 6 seconds Jumps forward 30 feet, landing on both feet Climbs up/down 4–6 steps without arm support, placing one foot on each step 	<ul style="list-style-type: none"> Paints picture with large brush on easel Prints a few capital letters - large simple letters anywhere on the page Buttons and unbuttons large (1") buttons Cuts paper in half Draws a cross Laces 3 holes Mature grasp emerging 	<ul style="list-style-type: none"> Takes turns and plays cooperatively Eats with a fork and spoon with little spilling Brushes teeth Separates from parents easily Includes invented people and objects in play Shows affection with younger siblings Plays interactive games such as tag, house-keeping, etc. (replaces parallel play)
by 5 years	<ul style="list-style-type: none"> Comprehends 1,500–2,000 words Understands more complex directions with 2-3 actions Understands dependent clause: <i>if, because, when, and why</i> 	<ul style="list-style-type: none"> Has 2,000 word vocabulary Produces sentences with an average of 5 words Defines words in terms of use Tells story about him/herself with cuing 	<ul style="list-style-type: none"> Steers wheeled toys Somersaults 2 times with chin tucked Balances on each foot for 10 seconds Gallops or skips with one foot leading, 10 feet Hops 3 feet on one foot Runs with a mature pattern 	<ul style="list-style-type: none"> Prints simple words Draws person with more than one body part Draws a square, triangle Cuts out circle printed on paper Builds a pyramid with blocks 	<ul style="list-style-type: none"> Plays competitive exercise games Enjoys playing dress-up in adults= clothes Prefers to play with children
by 6 years	<ul style="list-style-type: none"> Comprehends 2,500–2,800 words Responds correctly to more complicated sentences, but is still confused at times by involved sentences (e.g., passive voice) 	<ul style="list-style-type: none"> Has 2,500 word vocabulary Produces sentences with more than 5 words Uses all pronouns consistently and correctly Uses comparative adjectives: <i>big-bigger, loud-louder</i> Relates fanciful tales 	<ul style="list-style-type: none"> Skips 10 feet alternating feet/arms Hops 20 seconds on one foot Bounces and catches ball with two hands (tennis ball) Kicks ball into air for 12 feet Jumps over object 10" off the floor without tripping 	<ul style="list-style-type: none"> Ties simple bow after model is given Laces shoes Draws a person with 8 body parts Manipulates small buttons Cuts a square, triangle Writes upper/lower case manuscript letters with appropriate size and formation 	<ul style="list-style-type: none"> Asks meaning of words Plays table games and complicated floor games Is able to make purchases Protects younger playmates Is socially comfortable Asks for adult help as needed Does simple errands