



The Treatment and
Learning Centers

TLC

a family of services where caring comes first

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TLC—The Treatment and Learning Centers’ Psychologist Interviewed on NBC News

Rockville, MD—TLC—The Treatment and Learning Centers, a private, non-profit organization providing educational, vocational, and therapeutic services to children and adults with disabilities and typically developing children, announced today that Lisa Lenhart, Ph.D., Senior Psychologist, was interviewed Monday, December 11, 2006, on NBC News.

Dr. Lenhart was interviewed by Wendy Reiger for NBC4 News at 4 p.m. in recognition of Mental Health Month. The topic of discussion related to her article published in the December 2006 issue of *Washington Parent* magazine. The article is called, “When is a Problem Really a Problem: Knowing When Your Child Needs Counseling.”

Dr. Lenhart shared factors to consider when deciding if a child may be in need of counseling. The three aspects of a child’s behavior to take into account are whether the child’s functioning is being negatively affected, whether or not the behavior is age-appropriate, and the severity of the problems. Dr. Lenhart also informed parents about what to expect when seeking help from a professional. A mental health professional should conduct a thorough evaluation of the child and treatment options should be discussed with the parent(s). The mental health professional should be an objective person to assist the child in exploring and learning to cope with feelings, and the parents should be a part of the treatment process. According to Dr. Lenhart, “...typically, the earlier a child receives intervention, the better the outcome.” (*Washington Parent*, December 2006: 60–63).

About TLC

TLC—The Treatment and Learning Centers, located in Rockville, Md., enables children and adults to develop their full potential, communicate effectively with others, and achieve educational success. TLC provides services that strengthen their abilities and respond to their changing needs. With over 55 years of service to the community, TLC is committed to integrity and excellence in our care and will strive to assist all, regardless of their ability to pay. For more information call 301.424.5200 or visit www.ttlc.org.

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A Private Non-Profit Agency Enabling Children and Adults to Develop their Full Potential

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